



**CANADIAN SCHOOL OF MILAN**  
 Educate for today. Inspire for tomorrow.

	<b>1<sup>st</sup> week</b>	<b>2<sup>nd</sup> week</b>	<b>3<sup>rd</sup> week</b>	<b>4<sup>th</sup> week</b>
<b>M o n</b>	Pizza Margherita Sliced ham Julienned carrots Fruit	Pasta with ragù white meat Zucchini cake Green beans with oil Fruit	Rice with tomato sauce Ricotta cheese Salad Fruit	Pasta with parmesan cheese and oil Roasted chicken leg Mixed salad Fruit
<b>T u e</b>	Ravioli with butter and sage Chickpeas farinata with pizzaiola Grated herbs Fruit	Milanese risotto Cream cheese Broccoli with oil Fruit	Lentil and vegetable cream with pasta Potato omelette Carrots with oil Fruit	Pasta with pesto Vegetable muffin Roasted fennel Fruit
<b>W e d</b>	Cream of pumpkin with spelt Golden chicken bits Roasted potatoes Fruit	Dry pasta with cannellini beans Chicken cutlet Mixed salad Fruit	Polenta Bruscit of beef Mixed vegetables salad Fruit	Chickpeas and vegetables with barley Beef burger Mashed potatoes Fruit
<b>T h u r</b>	Lasagna with beef ragù Salad Fruit	Vegetable cream with rice Roasted loin of the aromas Roasted fennel Fruit	Pizza Margherita Sliced roast turkey Fennel salad Fruit	Pasta with tomato sauce “Pasqualina” cake Green beans with oil Fruit
<b>F r i</b>	Broccoli pesto pasta Breaded cod fillet Fennel salad Fruit	Pasta with tomato Gratinated squid Mashed potatoes Fruit	English rice Fish sticks Spinach with oil Fruit	Risotto with parmesan cheese Gratinated plaice Baby carrots Fruit

*For any information regarding the presence of allergens you can consult the appropriate documents that will be provided by staff in service. It is an obligation for staff to keep it in place easily accessible*

*N.B. It used low-salt bread  
 It used iodised salt  
 Meat will be served already cut into small bites*